

SEXIEST PLACES IN THE WORLD

Fabulous Spa Getaways

Pamper yourself Cosmo-style at one of these delicious, affordable spas.

By Kathleen Beckett

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(day/destination spa)

“Tex Zen” rules at this new spa devoted to the mind/body link. New Age attractions like color therapy and iridology (the analysis of the eyeball) are as much a part of the program as ayurvedic massage, all served up with some smoked chicken enchiladas. Don’t miss the exotic Javanese Lular Body Masque, a mixture of rice, jasmine, and yogurt given to brides-to-be before their wedding on the island of Java. The spa and guest rooms feature pine cathedral ceilings, limestone fireplaces, and decks overlooking Lake Travis and the Texas hill country.

Spa treatments start at \$45; single room, \$285, includes meals, classes, and use of facilities; \$20 day pass includes classes and use of facilities.

866-533-2318; www.thecrossingsaustin.com